

## Cool Kids @ Cradoc

Wrth i hanner tymor mis Chwefror agosáu, roeddem wedi'n paratoi'n dda ar gyfer croesawu'r plant yn ôl i'r Clwb Gwyliau. Ein cynllun oedd treulio digonedd o amser yn chwarae allan ym myd natur, ynghyd â gweithgareddau crefft megis addurniadau blodau defaid, globau llewych tirlun môr, tylluanod pren, cerfluniau o adar, mygydau anifail, stensiliau a llawer mwy. Roeddem oll yn gwybod y byddai amser fel hyn yn yr awyr agored yn atgyfnerthu llesiant y plant a hefyd yn gymorth i reoli'r haint. Mae gennym hefyd weithdrefn asesu-risg dda, sy'n cael ei hadolygu a'i diweddar'u'n ddyddiol, ac sy'n golygu y gallwn wneud gwelliannau cyflym i gadw pawb yn ddiogel.

Fe wnaeth y plant fwynhau eu hwythnos yn fawr iawn, ac yn dweud wrthym eu bod yn teimlo'n falch o fod allan o'u tŷ yn chwarae gyda rhywun yr oedden nhw'n eu hoffi, chwarae gyda phlant eraill a gweld ffrindiau nad oedden nhw wedi eu gweld ers tipyn. Ymhlith eu hoff bethau yr oedd:

*"Dim ond chwarae gyda fy ffrindiau y tu allan a gwneud crefft gyda fy ffrindiau."*

*"Gwneud fy nhylluan bren ac adeiladu nyth o frigau y tu allan."*

*"Fe wnes i fwynhau gwneud crefftau a chwarae ar y 'byrddau gwaelod' y tu allan."*

*"Y gelf gorau erioed - yn dwlu gwneud pethau."*

Roedd y rhieni hefyd yn falch bod eu plant yn chwarae'n rhydd ac yn cael hwyl, ac roeddent yn teimlo bod cael eu plant yn y Clwb yn golygu y gallent weithio'n well gartref. Gwnaeth sawl un y sylw ei fod yn beth da cael lle gan fod addysgu gartref a cheisio gweithio o gartref yn anodd, yn enwedig gyda mwy nag un plentyn.

*"Ddim ond am daro nodyn heibio i'r ddau ohonoch i ddweud diolch enfawr! Fe wnaeth lwyr fwynhau'r*

As February half term approached, we were well prepared to welcome the children back to Holiday Club. We planned to spend lots of time playing outdoors in nature, along with craft activities such as sheep flower decorations, colour in sea scape glitter globes, wooden owls, bird sculptures, animal masks, stencilling and lots more. We knew all this outdoor time would support the children's wellbeing, whilst also supporting infection control. We also have a very good risk assessment procedure that is reviewed and updated daily, allowing us to make quick improvements to keep everyone safe.

The children thoroughly enjoyed their week telling us that they felt happy to be out of their house and playing with someone they liked, playing with other children and seeing friends that they hadn't seen for a while. Favourite things included:

*"Just playing with my friends outside and crafting with my friends."*

*"Making my wooden owl and building a nest out of twigs outside."*

*"I enjoyed making crafts and playing on the 'bottom boards' outside."*

*"Best art ever – loved making things."*

Parents too were pleased that their children were playing freely and having fun and felt that having their children in Club allowed them to work better at home. Several commented that it was good to have space as home schooling and trying to work from home was difficult, especially with more than one child.

*"Just wanted to drop you both a quick note to say a massive thank you! He thoroughly enjoyed holiday*



*clwb gwyliau diweddar ac mae ei hwyl wedi newid yn gyfan gwbl am y gorau! Mae e wrth ei fodd yn bod gyda phlant eraill (ac oedolion) ac felly mae'r cyfnod clo wedi bod yn galed iawn arno (fel gyda phob plentyn) ond yn wir ry'ch chi wedi rhoi eitha' hwb iddo fe."*

*"Diolch unwaith eto am bob peth yr ydych yn ei wneud ar gyfer [enw'r plentyn] sy'n derbyn gofal mor ardderchog gennych chi."*

*"Diolch gymaint, cafodd [enw'r plentyn] amser bendigedig! Gwnaeth hyd yn oed ofyn am ddiwrnod ychwanegol."*

Roedd yr holl staff Gwaith Chwarae hefyd wrth eu boddau wedi cael dod yn ôl, yn mwynhau'r gwahanol ffocws yn eu bywydau a gwyllo'r plant yn gwneud deniâu, gwneud pastai mwd ac yn chwarae. Fe wnaethant wir fwynhau bod gyda'r plant ac roeddent yn sylweddoli gymaint yr oeddent yn gweld eu heisiau pan oedd y Clwb ar gau. Dywedodd un aelod o'r staff fod bod yn brysur ac yn egnïol yn ystod hanner tymor wedi bod o les iddi.

Yr oedd heriau: roedd y staff yn ei chael hi'n anodd gweithio mewn mygydau am ddiwrnod 10-awr, hyd yn oed â thoriadau wedi'u trefnu. Daeth y glanhau ychwanegol mwy o straen yn ei sgil, ond roedd gennym system led dda yn ei lle eisoes, ac mae'r drefn arferol o olchi dwylo, rhoi glaniedydd a.y.b. yn sicr yn rhan o'r drefn ddyddiol normal i'r plant a'r staff.

Er bod y nifer llai o blant yn effeithio ar ein cynaliadwyedd (roedden ni'n ychydig bach yn brin o gael digon o blant yn mynychu i ffurfio dau dîm pêl-droed a champau eraill), fe wnaethom ni wir fwynhau gweithio gyda grwpiau crefft llai, a gallem reoli'r swigod yn haws. Fe wnaeth gweld pa mor hapus yr oedd y plant wrthi'n chwarae iawn gwirioneddol am yr heriau hyn.

Janet Owen



*club just gone, his behaviour and mood massively changed for the better! He loves being with children (and adults ) so lockdown has been really tough on him (as it has with all children ) but you have really given him a boost."*

*"Thanks once again for all you do for [child's name] and all the other children you take such wonderful care of"*

*"Thank you so much, [child's name] has had a great time! Even requested an extra day."*

All of the Playwork staff also loved being back, enjoying the different focus in their lives and watching the children building dens, making mud pies and playing. They really enjoyed being with the children and realised how much they had missed them whilst the Club was closed. One member of staff said that she had benefitted from being busy and active during half term.

There were challenges: staff found it hard to work in masks for a 10 hour day even with planned breaks. The extra cleaning added more stress, but we already had a pretty good system in place and the various routines of hand washing, sanitising etc are very much part of the normal everyday routine for the children and staff.

Whilst having fewer children impacts on our sustainability (we didn't have quite enough children attending to make two teams for football and other sports), we thoroughly enjoyed working with smaller craft groups and could manage bubbles more easily. Seeing how happy the children were in their play really made the challenges worthwhile.

Janet Owen

