

Adnoddau Mynediad 1 & 2 Camau

Cyhoeddus
App Dewin a Doti – AppStore+Android
Podlediadau - Podlediad - Mudiad Meithrin
Cylchlythyr – https://www.meithrin.cymru/trosolwg-newyddion/
Cylchgrawn WCW – gorfod tanysgrifio - https://360.cymru/tanysgrifio/wcw/
Siop - Siop - Mudiad Meithrin
Sianel You Tube – Playlist Clwb Cylch - https://www.youtube.com/watch?v=Atp1DmjKrY0&list=PLrUunC9eiE2y_6dWlrBO4-lg61e6Ou_Dz
Cartwn Dewin a Doti - https://youtu.be/MzqyzA8qTvM
Dawnsio gyda Siani Sionc a Dewin - https://www.youtube.com/playlist?list=PLrUunC9eiE2zkX1SpiOqeUPuUfNSg2Erv
Gwyl Dewin a Dathlu 2021 - https://www.youtube.com/playlist?list=PLrUunC9eiE2yJrdZgYm8ObPyKLjvleZO
Cyfres o hwiangerddi ar YouTube - https://www.youtube.com/playlist?list=PLrUunC9eiE2zIENEb0tpbC6cdMuNi_hWW
Cymraeg I Blant - https://www.meithrin.cymru/cymraeg-i-blant/
Cymraeg I Blant YouTube - https://www.youtube.com/playlist?list=PLrUunC9eiE2zmFNqMIQmHqPqOLM8iuk3
Cymraeg @ adre - Cymraeg@adre - Mudiad Meithrin
Hwiangerddi - https://www.meithrin.cymru/prosiect-hwiangerddi/
Dewin a Doti https://www.meithrin.cymru/clwb-dewin/
Croesi'r Bont ar HWB https://hwb.gov.wales/zones/foundation-phase-excellence-network/repository/discovery/resource/1ff976a6-7933-4252-a3be-d49af0442f55/en
Dwylo Diogel https://hwb.gov.wales/News/articles/f4d139f5-0b07-4039-836d-228696a02876
Cymraeg I Blant https://hwb.gov.wales/zones/foundation-phase-excellence-network/news/articles/29f8a6e1-767d-483c-a708-ebc0fd2b098f
Cyfres o ganeuon Cymraeg - https://www.youtube.com/watch?v=d-AUurrXDdQ&list=PLrUunC9eiE2zIENEb0tpbC6cdMuNi_hWW
Cardiau Flach (Croesi'r Bont) – dogfen pdf
Taflen Dull Trochi linc – dogfen pdf

Food and Drink

Bwyd a Diod

This vocabulary factsheet has been created to help you to support children to develop their language skills. In order for children to become confident using the Welsh language, use the following vocabulary when discussing Food and drink/**Bwyd a Diod** and during the setting the table activity.

This factsheet provides common food and drink words and phrases along with their Welsh language equivalent.

This can provide children with a wider Welsh vocabulary when they discuss or describe food and drink preferences.

Learning outcomes

To engage in a role-playing activity

To match objects with words

and/or pictures

To follow instructions

To respond to questions

including likes and dislikes

Canlyniadau dysgu

Cymeryd rhan mewn chwarae rôl

Cydweddu geiriau a gwrthrych

geiriau/llyniau

Dilyn cyfarwyddiadau

Ymateb i gwestiwn yn cynnwys

hoffi a casau

Resources

Knife

Fork

Spoon

Cup

Plate

Dish

Bowl

Adnoddau

Cyllell

Fforc

Llwy

Cwpan

Plât

Disgyl

Powlen

Activity suggestion – **Awgrymiad o Weithgaredd**

Setting the table – **Gosod y bwrdd**

To familiarise the children with the new Welsh words, encourage the children to find objects to set the table.

Use the objects in the home corner or role-play area to familiarise the children with the objects initially; you could ask the children to take it in turns to find the object/objects you need to set the table.

You could draw a placemat for each child on the table with a picture of a plate and cutlery so they can copy where to place the object or use the template provided below.

Use the words and language from the word bank and useful phrases to enhance the children's Welsh language vocabulary.

Word bank and useful phrases

Food

Drink

Breakfast

Lunch

Tea

Dinner

Cereal

Milk

Sugar

Orange Juice

Rice

Soup

Pasta

Meat

Sausage

Geirfa ac ymadroddion defnyddiol

Bwyd

Diod

Brecwast

Cinio

Te

Swper

Grawnfwyd

Llaeth **N Llefrith**S

Siwgr

Sudd Oren

Reis

Cawl

Pasta

Cig

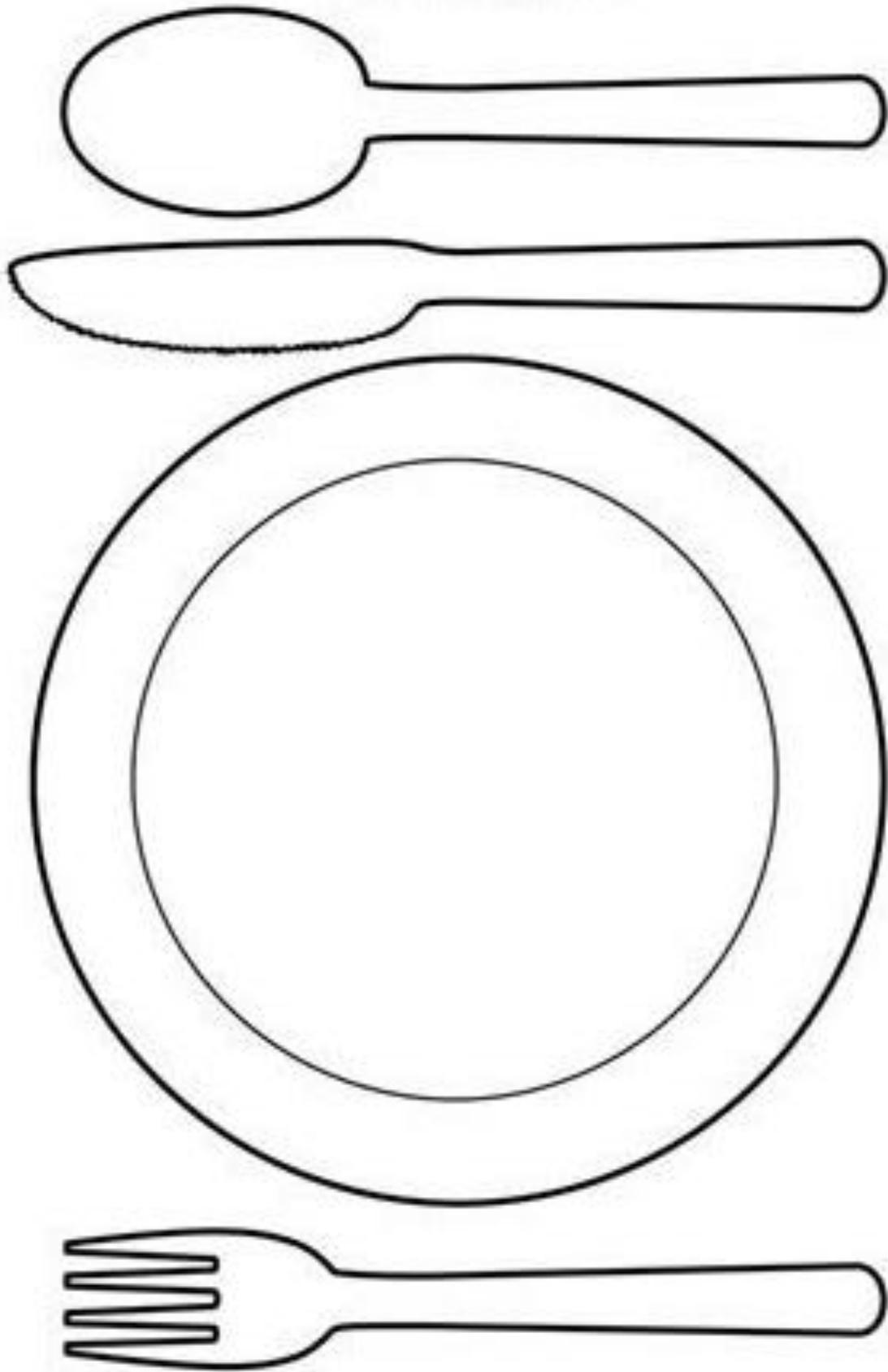
Selsig

Salami	Salami
Cheese	Caws
Bread	Bara
Butter	Menyn
Ice Cream	Hufen lâ
Lollipop	Lolipop
Fish	Pysgod
Egg(s)	Ŵy(au)
Chocolate	Siocled
Biscuit	Bisged
Cake	Cacen **N/Teisen **S
Fruits	Ffrwythau
Apple	Afal
Banana	Banana
Orange	Oren
Grapes	Grawnin
Strawberry	Mefus
Raspberry	Mafon
Plum	Eirinen
Melon	Melon
Peach	Eirin
Vegetables	Llyisiau
Peas	Pys
Carrot	Moron
Potatoes	Tatws
Cabbage	Bresych
Beans	Ffa
Pickle	Picl

Onion	Nionyn **N/Winwn **S
Knife	Cyllell
Fork	Fforc
Spoon	Llwy
Cup	Cwpan
Plate	Plât
Dish	Disgyl
Bowl	Powlen
Can you find the bowl?	Fedri di ffeindio bowlen?
Can you see the plate?	Fedri di weld plat?
What else do we need?	Beth arall da ni angen?
What do you like to eat?	Be wyt ti'n hoffi/licio fwyta? (hoffi/licio (both mean like)
What is your favourite food?	Pa fwyd ydi dy ffefryn?
Do you like ... potatoes?	Wyt ti'n hoffi/licio.... tatws? (singular) Yda chi'n hoffi/licio Tatws? (plural)
Yes I do like ...	Ydw dwi'n hoffi/licio
No I don't like ...	Nac ydw, dwi ddim yn hoffi/lico ...
Like	Hoffi/licio (both mean like)
Apple or banana?	Afal neu banana?
Milk or water?	Llaeth/llefrith neu *ddw̄r
Water please	Dw̄r plis
Can I have a banana please?	Ga i banana plis?
Yes/No	Cei/Na chei

**please note where **N and **S indicated, this refers to different dialogue that may be used in North Wales and South Wales.

**indicates a soft mutation e.g. dwr mutates to ddw̄r*



Further support

- The very hungry caterpillar - Stori Y Lindysyn llwglyd iawn:
<https://www.youtube.com/watch?v=VN7DAv2J0pg>
- Visit ndna-cymru for factsheet - Following a recipe Foundation Phase

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Hygiene and Toileting

Glendid a'r tŷ bach

This factsheet includes vocabulary to support you in using the Welsh language whilst encouraging children's independence with hygiene and toileting.

The word bank below includes useful words and phrases as well as lyrics to a handwashing song that you can sing with the children whilst they wash their hands. There is a link to the YouTube song video in the further resources section.

When learning a language, the use of songs and rhymes containing a strong rhythm and repetition, reinforces language development and pronunciation. Singing is a good way for children to practise the sounds and pronunciation and develop their Welsh language skills.

It is a great way to encourage children's independence whilst having fun!

Word bank and useful phrases

Dirty hands

Go and wash your hands

May I go to the toilet

Yes/No

Do you want to go to the toilet?

Yes/No

Have you washed your hands?

Yes/No

Use the soap

Use the warm water

Use the cold water

Use the towel

Dry your hands

Have you finished?

Geirfa ac ymadroddion defnyddiol

Dwylo budr **N/dwylo brwnt **S

Cer i olchi dy ddwylo

Ga i fynd i'r Tŷ bach/toiled

Cei/Na chei

Wyt ti eisiau mynd i'r tŷ bach/toiled?

Oes/Nac oes

Wyt ti wedi golchi dy ddwylo?

Do/Naddo

Defnyddia'r sebon

Defnyddia'r dŵr cynnes

Defnyddia'r dŵr oer

Defnyddia'r tywel

Sycha dy ddwylo

Wyt ti wedi gorffen?

Yes/No

Finished

Clean hands

Do/Naddo

Wedi gorffen

Dwylo glân

Song

Hand washing!

This is the way to wash hands x 3

And keep them clean

Hand washing, hand washing

Hand washing, hand washing

Hand washing, hand washing

And keep them clean

This is the way to dry hands x 3

And keep them clean

Drying hands, drying hands

Drying hands, drying hands

Drying hands, drying hands

And keep them clean

Can

Golchi dwylo!

Dyma'r ffordd i olchi dwylo x 3

A'u cadw nhw yn lân

Golchi dwylo, golchi dwylo

Golchi dwylo, golchi dwylo

Golchi dwylo, golchi dwylo

A'u cadw nhw yn lân

Dyma'r ffordd i sychu dwylo x 3

A'u cadw nhw yn lân

Sychu dwylo, Sychu dwylo

Sychu dwylo, Sychu dwylo

Sychu dwylo, Sychu dwylo

A'u cadw nhw yn lân

***please note where **N and **S indicated, this refers to different dialogue that may be used in North Wales and South Wales.*

Further support

- Golchi Dwylo song - <https://www.youtube.com/watch?v=JWgPwDCtjQ>

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Welsh



Golchwch eich dwylo â sebon
Wash hands with soap



Dŵr
Water

Sosban
Saucepan

Coginio Cooking

yn gyntaf *Firstly*
yn ail *Secondly*
Nesaf *Next*
Wedyn *Then*
yn olaf *Lastly*

Bron yn barod *Nearly ready*

Barod! *Ready!*

I mewn *In*

Cofiwch *Remember*

Llyfu *Lick*

Ar y top *On the top*

Gadewch i setio *Leave to set*

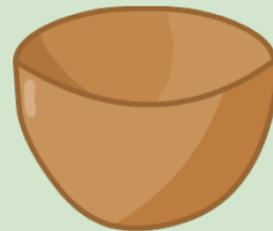
Cliriwch *Clean up*

Rhannwch *Share*

A mwynhewch! *And enjoy!*



Llwy bren
Wooden spoon



Powlen
Bowl



Llwy fach
Small spoon



Powlen fawr
Big bowl



Siocled
Chocolate



Cas papur
Paper case

Golchwch y llestri
Wash the dishes



Mae'n rhaid *you must*

Dan ni angen / Rydyn ni angen...
We need to...

Toddir... *Melt the...*

Trowch ymlaen *Turn on*

Rhowch *Put*

Byddwch yn ofalus! *Be careful!*

Torrwch *Break*

Ceisiwch beidio... *Try not to...*

Bwyta *Eat*

Cymysgwch *Mix*

Welsh

Now in a Minute

Amser Bwyd Time to Eat

Wyt ti eisiau...? /
Hoffet ti...?

Do you want...?

Wyt ti eisiau
mwy o...?

Hoffet ti
mwy o...?

Do you want more...?

Ga i...

May I have...

Dwin hof fi/licio...

I like...

Dwi ddim yn hof fi

/licio... I don't like...

Os gwelwch yn dda Please

Diolch Thank you



Fforc
Fork

Cylllell
Knife



Dŵr
Water

Welsh



Now in a Minute

Amser Snac Snack time

grawnfwyd - cereal



gellygen / peren - pear



afal - apple



moron - carrots

hufen ia - ice cream

pitsa - pizza



banana - banana



iogwrt - yogurt



Hoffech chi / wyt ti eisiau...
Would you like...

grawnwin - grapes



creision - crisps



cwcis - cookies



Dim diolch
No thank you
Os gwelwch yn dda
Yes, please
Diolch
Thank you

Unit 4 / Uned 4

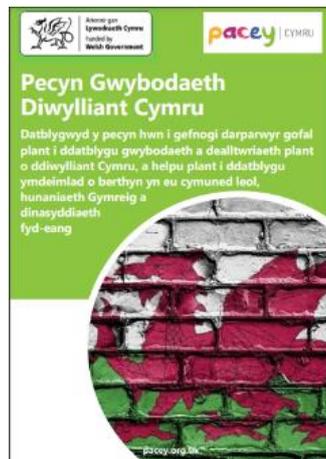
Short videos to support Welsh Language development based on the following themes. Please note that these resources are available for PACEY members only. / Fideos byr i gefnogi datblygiad yr iaith Gymraeg yn seiliedig a'r themâu canlynol. Nodwch fod yr adnoddau hyn ar gael i aelodau PACEY yn unig.



[Teddy Bears Picnic / Picnic Tedi Bêr](#)



[Keeping healthy / Cadw'n iach](#)



[PACEY Cymru Welsh Culture Information pack](#): Activity ideas to support children's knowledge and understanding of Welsh language and culture.

Pages 20-23: Traditional Welsh recipes

[Pecyn gwybodaeth diwylliant Cymru](#):

Syniadau gweithgareddau i gefnogi gwybodaeth a dealltwriaeth plant o ddiwylliant Cymru a'r iaith Gymraeg.

Tudalennau 20-23: Ryseitiau Cymraeg traddodiadol