

**Ydych chi'n chwilio am bethau i'w wneud yn y cartref gyda'ch plant bach?  
Dyma rai awgrymiadau o ble gellir dod o hyd i adnoddau a gweithgareddau hwyliog.**

Are you looking for ideas on activities to do at home with young children?  
Here are some suggestions on where you can find fun ideas and resources.

## Miri Meithrin

Mae Mudiad Meithrin wedi creu grŵp newydd ar Facebook er mwyn i rieni â phlant bach fedru rhannu syniadau ynglŷn â gweithgareddau y gellid eu gwneud yn y cartref gyda'i gilydd.

Mudiad Meithrin has created a new Facebook group so that parents with young children can share ideas of activities that can be done together at home.

Ewch i/go to:

[www.facebook.com/groups/mirimeithrin](http://www.facebook.com/groups/mirimeithrin)



## Ap Dewin a Doti / Dewin and Doti App



Mae ap Dewin a Doti ar gael AM DDIM o'r App Store neu Googleplay - chwiliwch am 'Dewin a Doti' neu sganwch y côd QR yma. 4 stori lawn gydag animeiddio a darlennydd.



Dewin and Doti App - available FREE from the App Store or Googleplay - search for Dewin a Doti or scan this QR code. 4 full stories with animation and narration.

## Cymraeg i Blant

Mae staff Cymraeg i Blant yn rhannu fideos byw ar eu cyfrifon Facebook er mwyn diddanu plant bach. I ddod o hyd i'r grŵp Facebook yn eich ardal chi, dilynwch y linc isod.

Cymraeg for Kids staff are sharing various videos on their Facebook pages to entertain babies and young children.

To find your local Facebook group page, go to [www.meithrin.cymru/cymraeg-i-blant](http://www.meithrin.cymru/cymraeg-i-blant)



## Cyw

Yn ogystal â'r holl rhaglenni plant, mae llwyth o weithgareddau rhad ac am ddim i'w cael ar wefan Cyw - digon i'w gadw'r plant yn hapus a phrysur am oriau!

Alongside the large catalogue of Welsh-medium children's programmes, the Cyw website has a vast amount of free activities - enough to keep your children entertained for hours!

[cyw.cymru](http://cyw.cymru)



## Amser Canu / Singing Time

Gallwch ymuno yn y sesiynau canu ar y tudalennau Facebook hyn:

You can join the singing sessions on these Facebook pages:

- Do Re Mi: [www.facebook.com/DoReMiCardiff](http://www.facebook.com/DoReMiCardiff)
- Ffa La La: [www.facebook.com/ffalala](http://www.facebook.com/ffalala)
- Siani Sionc: [www.facebook.com/Sianisionc](http://www.facebook.com/Sianisionc)
- Caru Music: [www.carumusic.com](http://www.carumusic.com)



## Casgliad o adnoddau hwyliog ac addysgol i blant meithrin (a phlant hŷn)

Play and Educational Resources for pre-school (and older children)

- BBC Bitesize (Cymraeg): [www.bbc.co.uk/bitesize/subjects/zdm3nrd](http://www.bbc.co.uk/bitesize/subjects/zdm3nrd)

Bitesize

- BBC Bitesize (Welsh for learners): [www.bbc.co.uk/bitesize/subjects/zqsv7p3](http://www.bbc.co.uk/bitesize/subjects/zqsv7p3)

- Twinkl Cymru: [www.twinkl.co.uk/resources/adnoddau-cymraeg-welsh-resources](http://www.twinkl.co.uk/resources/adnoddau-cymraeg-welsh-resources)



- Playful Childhoods: [www.playfulchildhoods.wales/](http://www.playfulchildhoods.wales/)

- Wenfro: [www.wenfro.cymru](http://www.wenfro.cymru)

- Cymorth i addysgu yn y cartref (Ideas on Welsh activities at home):

[www.facebook.com/Cymraeg-Cymorth-i-Addysgu-yn-y-Cartref-Home-educating-Ideas-and-Support-107654340867354/](http://www.facebook.com/Cymraeg-Cymorth-i-Addysgu-yn-y-Cartref-Home-educating-Ideas-and-Support-107654340867354/)



## Amser Stori / Story Time



Ymlaciwch gyda'ch plentyn trwy fwynhau gwrando ar rai o'r 'llyfrau llafar' sydd ar gael ar y safleoedd isod:

Relax with your child by enjoying some of the 'audio story-books' available from the links below:

- Amser Stori Atebol: [www.amam.cymru/amser-stori-atebol](http://www.amam.cymru/amser-stori-atebol)
- Pori Drwy Stori: [www.booktrust.org.uk/poridrwystori](http://www.booktrust.org.uk/poridrwystori)
- Cyhoeddiadau Rily: [www.rily.co.uk/index.php?mod=storycorner](http://www.rily.co.uk/index.php?mod=storycorner)