

# Case study: Lullabyz Nursery on the Camau journey



Nicola Reed owns the Nursery and opened it back in 2012. Nicola is the Responsible Individual for the setting and Louise is the Person in Charge. They are qualified Primary school teachers, between them having 40 years of experience.

Although born and raised in Newport Wales, Nicola didn't speak Welsh confidently and so embarked on the Camau course in 2022 initially. This encouraged her staff members to follow suit and so far, **27** Lullabyz staff have enrolled on Camau. **21** of these staff members have already completed the Mynediad 1 course. Nicola completed Mynediad 2 in November 2023.

## Here at Lullabyz:-

*"First and foremost, we are one big, happy family. Staff are loving, friendly and welcoming and form close bonds with children and their carers. As soon as children start with us, they become a member of the Lullabyz family"*

## Why did they choose to embark on the Camau course?

From monitoring, they realised that their use of Welsh language was not as strong as it was before Covid. This was probably due to the large turnover of staff following the pandemic, meaning that new staff were not as confident.

Once identified, this was included as a point for improvement on the Setting Improvement Plan. Camau was a way to develop staff skills. The self-study style online courses meant they could be completed at any time and the content was always appropriate as its bespoke for the early years and childcare sector.

**Nicola said:-**

*"Having a large number of staff embarking on the Camau training meant that we could work together, as a staff team, towards a shared goal. We were hoping to improve our knowledge and confidence of using the Welsh language daily. From monitoring, I expected to see an increase in the amount of language that was heard and seen at the setting."*

### **What difference did the course make to the Nursery?**

Staff have more confidence in using the Welsh language and through observations management have seen an increase in the amount of Welsh language that is being spoken by staff members incidentally, during circle times and through songs and stories.

### **What did the Lullabyz team think of the course?**

As a staff team we have loved the Camau course as it is the first time that we have been learning Welsh that is specifically for Early Years. Every unit included relevant language that we use day to day. The course was very interactive so you didn't get bored and contained lots of resources that we could use directly with the children.

### **How are the children benefiting?**

As a result of the course that staff have embarked on, there has been an increase in the amount of Welsh language that the children are hearing and so are using. They are now able to respond to instructions and answer simple questions in Welsh and a few children are even using Welsh language independently during their play. The setting has also used visitors and web chats so that the children can hear different people using Welsh.

Lullabyz have attended three NDNA Cymru Welsh Language webinars, the last one being story time with “Jack and the Beanstalk” being read in Welsh. 12 children and 3 practitioners attended the session.

### What does this mean moving forward?

Going forward there will be new ideas and challenges! Nicola explained -

*“We are going to be including parents on our Welsh language journey. We will be choosing a Welsh word of the week for the whole setting. We will be sending this to parents explaining what it means and how to pronounce it so they can begin to use the Welsh language at home with their children.*

*By embarking on the Camau course, staff have had such an impact on the use of the Welsh Language within the setting that Lullabyz have been able to reach their goals in respect to the Welsh Promise with NDNA Cymru. We achieved the bronze award and are currently working towards the silver award”*

NDNA Cymru look forward to supporting Nicola, Louise and the team on their journey.

### Case study: Lullabyz Nursery on the Camau journey V0.1 – March 2024

#### Links to further support and resources

[Welsh language in nurseries and early years - NDNA](#)



National Day Nurseries Association Cymru

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# Astudiaeth Achos: Meithrinfa Lullabyz ar y daith Camau



Nicola Reed yw berchennog y Feithrinfa a hi wnaeth ei agor yn 2012. Nicola yw'r Unigolyn Cyfrifol dros y lleoliad a Louise sy'n Berson â Gofal. Mae'r ddwy yn athrawon Ysgol Gynradd, gyda 40 mlynedd o brofiad rhyngddynt.

Er gaeth Nicola ei eni a magu yng Nghasnewydd, Cymru, nid oedd yn siarad Cymraeg yn hyderus felly cychwynnodd ar gwrs Camau yn 2022 i ddechrau. Fe wnaeth hwn ysbyrdoli'r staff yn y Feithrinfa i ddilyn ei esiampl ac mae yna **27** o staff Lullabyz wedi cofrestru ar Gamau mor belled. Mae **21** o rhain wedi cwblhau'r cwrs Mynediad un yn barod. Fe wnaeth Nicola gorffen Mynediad 2 yn Dachwedd 2023.

## Yma yn Lullabyz:-

*"Yn gyntaf oll, rydym yn un teulu mawr, hapus. Mae'r staff yn gariadus, cyfeillgar ac yn groesawgar, gan feithrin perthnasoedd agos efo'r plant a'i gofalwyr. Mor gynted a bod plentyn yn cychwyn gyda ni, maen nhw'n rhan o deulu Lullabyz"*

## Pam wnaethon nwh ddewis cychwyn ar gwrs Camau?

Trwy fonitro, fe wnaeth y Feithrinfa adnabod bod defnydd yr iaith Gymraeg yn wannach nag oedd o gyn Covid. Roedd hwn yn debygol o fod oherwydd trosiant uchel o staff yn dilyn y pandemig, oedd yn golygu nid oedd staff newydd mor hyderus.

Unwaith roedd y mater wedi amlygu, fe gaeth ei gynnwys ar Gynllun Datblygu'r Gwasanaeth. Roedd Camau yn ffordd i ddatblygu sgiliau staff. Roedd dull hunanastudiaeth ar-lein y cwrs yn meddwl gall cael ei gwblhau ar unrhyw bryd ac roedd y cynnwys o hyd yn briodol gan fod wedi ei deilwra ar gyfer y sector blynnyddoedd cynnar a gofal plant.

Dyweddodd Nicola:-

*"Roedd cael nifer mawr o staff yn cychwyn ar y cwrs Camau yn meddwl ein bod yn gallu cydweithio, fel tîm o staff, tuag at yr un gôl. Roeddwn yn gofeithio gwella ein dealltwriaeth a'n hyder yn defnyddio'r iaith Gymraeg yn ddyddiol. Trwy fonitro, roeddwn yn disgwyl gweld cynnydd yn yr iaith a chlywyd a gwelwyd yn y lleoliad."*

### Pa wahaniaeth gwnaeth y cwrs i'r Feithrina?

Mae gan y staff fwy o hyder yn defnyddio'r iaith Gymraeg a thrwy arsylwadau mae'r rheolwyr wedi gweld cynnydd yn yr iaith sy'n cael ei siarad gan y staff yn achlysuol, yn ystod amser Cylch, trwy ganeuon a storïau.

### Beth oedd barn tîm Lullabyz am y cwrs?

Fel staff rydym wedi dwli ar gwrs Camau gan ein bod wedi gallu dysgu Cymraeg sy'n arbennig ar gyfer y Blynnyddoedd Cynnar am y tro cyntaf erioed. Roedd pob uned yn berthnasol ac yn cynnwys iaith i ddefnyddio o ddydd i ddydd. Roedd yn gwrs yn rhyngweithiol felly doeddech chi ddim yn diflasu ac roedd yna lawer o adnoddau er mwyn defnyddio'n uniongyrchol efo'r plant.

### Sut mae'r plant yn elwa?

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Beth mae hyn yn golygu wrth symud ymlaen?

Yn dilyn hwn fe fydd syniadau a heriau newydd! Esboniodd Nicola:-

*"Rydym yn bwriadu cynnwys ein rhieni ar ein siwrne efo'r iaith Cymraeg. Byddwn yn dewis gair Cymraeg am wythnos ar gyfer y lleoliad cyfan. Byddwn yn danfon hwn, gydag esboniad o'r ystyr a sut i ddweud y gair adre at rieni fel eu bod nhw yn gallu dechrau defnyddio mwy o'r iaith adref gyda'u plant.*

*Trwy gychwyn ar gwrs Camau, mae'r staff wedi cael cymaint o effaith ar ddefnydd yr iaith Gymraeg yn y lleoliad, bod Lullabyz wedi gallu cyrraedd ei gôl gyda'r Addewid Cymraeg ynghyd ag NDNA Cymru. Rydym wedi ennill y wobr efydd ac ar hyn o bryd yn gweithio tuag at y gwobr arian."*

Mae NDNA Cymru yn edrych ymlaen yn fawr at gefnogi Nicola, Louise a gweddill y tîm ar ei siwrne.

Astudiaeth achos: Meithrinfa Lullabyz ar y daith cwrs Camau V0.1 – Mawrth 2024

**Lincs i rhagor o gymorth ac adnoddau**  
[Welsh language in nurseries and early years - NDNA](#)



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